



Masonic
Charitable Foundation

Advice, counselling and other support



For Freemasons, for families, for everyone
www.mcf.org.uk





The Masonic Charitable Foundation builds better lives by enabling opportunity, advancing healthcare and education and promoting independence for Freemasons, their wives, partners, children and grandchildren.

Most of the support we provide takes the form of financial grants to assist with daily living costs. We can also award grants to provide specific items or services.

A range of health and care needs, including medical and dental treatments, mobility aids and home adaptations are supported, with funding also available for respite, residential, nursing and dementia care.

Alongside our financial grants, a wide range of practical support is available for you and your family:



Advice and support



Counselling



Provincial help



Confidential freephone enquiry line 0800 035 60 90



Advice and support

Our Advice and Support Team provides a free, independent and confidential service for all Freemasons and their families on behalf of the Masonic Charitable Foundation.

The Team offers advice, guidance and support on a range of issues that can affect those within the Masonic community. They will help you through difficult times by listening to you, understanding your needs, discussing potential solutions and directing you to organisations and services that can help.

Examples of the advice and support available from the Team include:

- ♥ **Assisting** with applications for charitable support
- ♥ **Talking** to you about financial difficulties
- ♥ **Recommending** the best approach to meet your care needs
- ♥ **Helping** you to plan and access effective medical and dental treatment
- ♥ **Supporting** your children with practical advice and guidance on education and well-being
- ♥ **Directing** you to state and local authority benefits and services available from other organisations

Anyone with a Masonic connection can contact the Team – Freemasons, their wives, partners and widows as well as children and grandchildren up to the age of 25 and in full-time education.



0800 035 60 90



help@mcf.org.uk



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Counselling

Alongside our financial grants, we offer access to a professional Counselling Careline. The Careline is a confidential, free service for Freemasons and their family members that is independent of the charity.

The Counselling Careline can offer support for:

- ♥ **Anxiety, depression or stress**
- ♥ **Feelings of uncertainty, growing worry or panic**
- ♥ **Adjusting to retirement**
- ♥ **Workplace pressures**
- ♥ **Dealing with debt and financial stress**
- ♥ **Bereavement, divorce and loneliness**
- ♥ **Illness, addiction or family ill-health**

The Careline is operated by trained counsellors who will listen to you, offer professional guidance and arrange up to six telephone or face-to-face sessions.

Freemasons, their wives, partners or widows, as well as children between the ages of 17-25 and in full-time education, can access the Counselling Careline.



0800 035 60 90



www.mcf.org.uk/counselling



www.mcf.org.uk



Provincial help

In addition to the support provided by the Masonic Charitable Foundation, many Masonic Provinces have their own charities or benevolent funds which may be able to help you and your family.

Please speak to your Lodge Almoner or your Provincial Grand Almoner to find out if any help is available from these organisations.

For contact details of Masonic Provinces, please visit:



www.ugle.org.uk



Confidential freephone enquiry line 0800 035 60 90



Can we help you?

To get in contact with the Advice & Support Team
or to access the Counselling Careline:

**Call 0800 035 60 90 | Email help@mcf.org.uk
Visit www.mcf.org.uk**

Alternatively, write to:
Masonic Charitable Foundation,
60 Great Queen Street,
London, WC2B 5AZ



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